



Sir David Martin Foundation
Annual Report
2011



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SECTION 1 - OVERVIEW

1.1 ABOUT THE SIR DAVID MARTIN FOUNDATION

Overview

The Sir David Martin Foundation is a not-for-profit organisation that raises funds and awareness for young people suffering problems such as substance abuse, mental illness, family breakdown, violence and juvenile crime. We fund a range of programs that support young people and assist them in transforming their lives.

History

The Foundation was created in 1990 by the late Governor of NSW, Sir David Martin, who had a dream of "safety, hope and opportunity for all young Australians".

While in office, Sir David witnessed first hand the number of homeless and disadvantaged young people, who had no one to care about them, or their future.

His wish, upon retirement, was to help create an environment where young people from disadvantaged backgrounds could grow up with the resources to achieve their full potential. The Foundation works to realise Sir David's dream by raising funds for innovative and effective youth crisis programs run by Mission Australia.

Values

Our Goal

To get more young people off the streets, away from unhealthy situations and into care and rehabilitation.

Our Vision

To create an environment where young people can grow up in safety, with hope and opportunity.

Our Mission

To provide the programs and financial resources necessary, to enable young people to achieve their full potential.



Left to Right: Rear Admiral Chris Oxenbould OAM RAN (rtd), Mr Robert Ho OAM, Mr David Adams, Lady Martin OAM, Mr David Wills (Chairman), Mrs Maggi Morgan, Mr Michael Crowley, Rear Admiral Tony Horton OAM RAN (rtd), Missing from the photo is Mr Tony Dicken.

Our Board of Governors



1.2 MESSAGE FROM THE CHAIRMAN - The importance of advocacy



The year of 2011 has been important for the Sir David Martin Foundation. Our focus remains to provide young people with help to rebuild their lives, and the opportunity to become productive members of the community.

Australian society is becoming increasingly more aware of the issues of mental health, addiction and homelessness, and the importance of addressing these at a young age. The Foundation believes strongly in improving young lives by advocating for changes that will benefit all young people.

This year we have been fortunate enough to engage the Honourable Victor Dominello, MP, who made site visits to two of our programs: South West Youth Services and Triple Care Farm. Minister Dominello is the minister for Citizenship and Community, and also has the responsibility for Youth Affairs. The meetings between program staff and the minister were an important step towards raising government awareness, and advocating towards an improvement in policies that will benefit the lives of young Australians.

In addition to this, we continue to work with other youth services through involvement in projects such as our endorsement of the national Juvenile Justice summit, held in March. This summit acts as a forum for government, academic and private research organisations to review and work on a number of projects including improving early intervention and diversion strategies; bail and sentencing issues; rehabilitation for youth in detention and transitional and post-release support programs.

By sharing what we have learnt from our activities, we hope to help many more young people and increase the impact we have on society in the future.

Despite many financial challenges faced by individuals and businesses during the year, support for the Sir David Martin Foundation has remained solid. During 2011 we raised in excess of \$3 million and these funds have been, or will be during 2012, advanced to support a number of extremely worthy causes including Triple Care Farm; South West Youth Services; Creative Youth Initiatives and Shopfront Legal Centre.

On behalf of the Board, and the Sir David Martin Foundation, I sincerely thank you for your support during the past year. We believe we are making a difference to the lives of some of Australia's most troubled youth and we look forward to your continued support and to updating you on our exciting achievements and progress in the year to come.

David Wills, Chairman



Minister Dominello (3rd from right) with General Manager Jannine Jackson (2nd from right) visiting Triple Care Farm



1.3 MESSAGE FROM THE GENERAL MANAGER - The year of 2011



The past financial year saw over 530 young people and their families supported by the programs funded by Sir David Martin Foundation. However, the need for our help is becoming increasingly apparent, as shown by the growth in demand for just one of our youth programs.

Applications for Triple Care Farm have grown at an exponential rate over recent years. In 2008 the Farm had 1,500 applications, which doubled to 3,000 in 2009, and then doubled again in 2010 to a staggering 6,000.

The success we are having with the programs we support is truly inspirational, however the size of the problems facing young Australians is larger than ever, and we continue to look for ways we can expand our programs and help more people.

As always, I am incredibly proud of the achievements made by each of our programs this year.

Triple Care Farm

The amazing work done by the team at *Triple Care Farm received major recognition this year with the release of a 20 year study titled "Triple Care Farm: A Safe Place for Change"*. The research was launched by youth mental health expert Professor Patrick McGorry AO, at NSW parliament house. He highlighted the major finding: *Australia needs more residential drug and alcohol rehab services for young people and existing programs need to offer complementary mental health care in order to be more effective*. In conjunction with the launch, the report and the work at the Farm were featured on the ABC's 7.30 Report program looking at the importance of holistic treatment of mental health and addictions.



Two months later, Triple Care Farm received another award, this time with international recognition. The Mental Health and Addiction Services Conference is the largest of its kind in the Australiana-Pacific Rim Region and awards organisations for excellence and innovation in mental health service delivery. In September 2010, *Triple Care Farm won the Silver Award for "Excellence in Infant, Child and Adolescent Services"* for its comprehensive residential treatment program and its "whole of life" approach.

In addition to this, I am pleased to announce the completion of the new *Buralga Reception, Assessment and Training Centre* which was officially opened on September 2010, by Rosemary Smithson, CEO of the Property Industry Foundation. The building was a collaborative effort from so many people including the Sir David Martin Foundation, Property Industry Foundation, Turner & Townsend, volunteers and the staff at Triple Care Farm.

At the start of 2008, Warren Holt, Service Manager of the Farm, approached the Foundation and expressed the need to expand the number and diversity of programs offered to students, in order to meet the growing number of applications for the program.

The Sir David Martin Foundation approached Property Industry Foundation, who generously provided support for the program.

The recently completed facility has provided the farm with a conference room for training and workshops as well as additional training space, enabling them to start a hospitality program. It also has dedicated consultation and waiting rooms, providing an appropriate space for young people, their carers, and their families, to hold their assessment interviews for the farm.

The new Buralga Reception, Assessment and Training Centre





Creative Youth Initiatives

This year has been an expansive one for Creative Youth Initiatives. They have finally been able to spread their wings and take creative programs to remote communities in Wilcannia, Lightning Ridge and Dubbo. The focus in 2012 is on continuing to grow this arm and expand the range of services available to young people.

The highlight of the Creative Youth Initiatives year, as always, is the annual *Artworks! Exhibition*, in addition to the *Sounds of the Street CD launch*. Both showcase the talent of our students and the results of a year of work. For many students, this is the first time their family and friends have seen their artistic talents. These events are such an empowering experience for students, many of whom feel they have “never done anything worthwhile”.

South West Youth Services

Amongst many achievements, one of the highlights of the South West Youth Services has been the sell out production of *Reach, the musical* (cast pictured right). *Reach* began as the dream of young people in Sydney’s South West. In 2006 the tragic death of a young man had an enormous impact on his local community. His family and friends created a stage show as a means of coming to terms with his death. The result was a full production, featuring music written, choreographed and performed by young people living in Campbelltown.



This year, South West Youth Services again brought the show to life with ten sold out performances in June and August. Production involved 35 young people working together on all aspects of theatre management including production, performing, sound engineering, set building and choreography. In addition to the sell out performances, the production of *Reach* has provided students not only with a creative channel to address the issues facing their lives, but the chance to develop a practical skill set and gain experience in the performing arts sector. As a result of the production, many of those involved have gone on to employment, further education or continued involvement in performing arts groups.

New Program: The Shop Front Legal Centre

This financial year, the Sir David Martin Foundation extended its support of youth assistance programs, by funding the Shopfront Legal Centre Program. This award winning program provides free legal services for homeless and disadvantaged young people. Established in 1993, it has grown from two people to a team of nine. It has won numerous awards including the Pro Bono Partnerships award in 2004.

However, its scale of growth over 17 years has meant that the current premises had become inadequate to accommodate the increasing numbers of Shopfront staff, volunteers and clients. The Sir David Martin Foundation was originally approached to assist with funding for some additional space, to allow the program to continue to You can read about how it assists young people on page 18 of the Annual Report.

For the Sir David Martin Foundation, 2010/2011 has been a year of great change and intense activity, with a record number of young people being supported by our programs. With little government funding, the team continues to work hard to raise the funds necessary to enable these programs to survive.

It is the support of our donors that makes it possible for us to continue to do this, and for that the Sir David Martin Foundation, and the young people we help, are immensely grateful.

Jannine Jackson, General Manager



1.4 LADY MARTIN - The history of the Sir David Martin Foundation

How the Foundation Began

As Governor of NSW, my husband reached out to as many young people as he could, from all walks of life. He believed that the young were Australia's most important asset and he became increasingly concerned about the growing number of homeless and disadvantaged young people across the country.

The Sir David Martin Foundation began quite informally, in August 1990. Shortly before retiring from office, there was a meeting with Charles Chambers from the Sydney City Mission (now Mission Australia) to discuss what could be done to help these troubled young people. He knew he was to retire shortly and wanted to see if there was some way he could provide a helping hand.

Mission had just opened up a farm with the purpose of getting young people off the streets and out of harm's way. It was a bold idea that hoped to introduce them to a new way of life, provide them with opportunity and hopefully re-unite them with their families.

Charles suggested using Sir David's name to help get the farm started, and to raise money for its continued development. This was the modest beginning of Triple Care Farm, which was then, and is now, the principal focus of the Sir David Martin Foundation's fundraising activities.

Sadly, he did not live to see the official formation of the Foundation; he died just four days after leaving office. At the State funeral, we announced that a Foundation would be started in his name. Rather than sending flowers, we requested that people send money to help get the Sir David Martin Foundation up and running.

I was absolutely amazed by the response we received. The donations flooded in, and the warmth and generosity of the public was overwhelming. To this day I still find it humbling that so many people could be moved by such an inspiring man and such a wonderful cause.



The Foundation was officially launched by HRH, the Duchess of York, at Parliament House in November 1990. Since then we continue to receive financial support and assistance from many people and organisations, to go towards funding our youth programs.

David Martin would have been so pleased at the support we receive. He was a modest man, and a true believer in giving young people the potential to shine.

I treasure the support we receive from so many organisations, none more than the Royal Australian Navy – which was such a large part of our lives.

Looking towards the future

We have received tremendous support from so many people; however the services we provide are only a drop in the ocean of what is still needed. There are so many young people desperate for a second chance at a life, and still so few facilities available to them.

Each year we receive in excess of 6,000 applications for Triple Care Farm alone – but, at present, we only have the capacity for 100 students. For every person we help there are so many that miss out. Our dream at the Foundation is not only to expand the capacity of our current programs, but also to establish new programs to help more young people.



Above: Lady Martin

Right: Sir David Martin on his last day in office



Thank you for 21 years of support

Looking back over the past twenty one years, I am delighted that Sir David's dream of helping young people in need is still being realised.

We hoped to make a difference to a handful of lives; we could never have imagined how many young people have been supported, and the permanent changes they have been able to make.

Thank you to everyone who has helped and supported the Sir David Martin Foundation over these past years. Your generosity has enabled us to continue to work towards "safety, hope and opportunity for all young Australians".

Lady Martin



Lady Martin awarding a certificate at
Triple Care Farm graduation ceremony



SECTION 2 - THE PROGRAMS WE SUPPORT

The Sir David Martin Foundation supports five key Mission Australia youth programs:

- Triple Care Farm
- Creative Youth Initiatives
- South West Youth Services
- Shopfront Legal Service
- Sir David Martin Foundation Scholarship Program

The goal of each program is to help young people achieve long term sustainable changes to their lives and become productive members of society.

2.1 TRIPLE CARE FARM

Located in Robertson, NSW, Triple Care Farm is an award winning facility designed specifically to provide treatment and support for the co-morbid conditions of drug and alcohol addiction, and mental illness, within a residential setting.

Of the 101 young people attended the program in 2010 year, every one had a drug problem, 84 per cent had some kind of mental health issue, and two in three had suicidal thoughts.

The average age of the students is 19, and 51% had been physically abused, 23 % sexually abused, 75% came from broken homes, 77% were unemployed and 84% had criminal histories.

About the Program

The farm accepts young people aged 16-24, from all over Australia. With learning and change being a significant focus of the program, the young people are referred to as 'students' once they commence.

Involvement with the Triple Care Farm program can span 12 months, depending on the individual student's needs. While the residential program lasts 12 weeks, staff can work with students in their local community, prior to admission, for anywhere up to three months before they relocate to the farm. Following their time on the farm, students are offered the "Stepping Out" aftercare service which provides ongoing support for the six months following.

The 12 week residential program is organised into a series of activities designed to give the students structure, while they manage the emotional and physical impacts associated with detoxification. They learn how to recognise the core issues underlining their substance abuse and are taught the skills to make a positive change in their lives

For many of the students, the Farm presents them with the opportunity to learn practical living and life skills. Over half the participants were homeless prior to arriving at the farm and many have never experienced stable accommodation. The program provides them with a steady and consistent background in which to learn the skills necessary to establish and maintain positive social relationships, including conflict resolution and negotiation.



Learning in the workshop at Triple Care Farm



Students learn how to undertake domestic responsibilities including budgeting, cooking, cleaning and doing laundry. The program encourages students to work on their personal issues, develop healthy lifestyle practices, and to learn how to use time productively each day. For most students, their addiction has interfered with their education so, in addition to rehabilitation, they are provided with training in literacy and numeracy skills.

During their stay, students are engaged in vocational training to provide them with the qualifications to enter or return to the work place. The Farm offers barista and hospitality training, bobcat and forklift licences, instruction in carpentry, trades and creative arts, as well as hands on experience in working with animals and farm machinery.

This structure and emotional support provides them with the skills that will support their return to the community and reduce the risk of relapse.

Results

- Over the past year, 101 students successfully completed the Triple Care Farm Program, while another 70 were supported by the aftercare program.
- The Sir David Martin Foundation provided \$768,000 in program expenditure and \$406,897 in capital expenditure to the program, totalling \$1,174,897.
- The holistic and tailored nature of the program means the Farm has delivered an astounding 80% success rate. The success rate is measured over the course of the next year by assessing the number of students who are in stable and safe accommodation, have re-engaged with their families and are employed or undertaking further education.
- The Foundation has been committed to the success and long term sustainability of Triple Care Farm since it began in 1990. It has changed young people's lives and remains the principal focus of the Foundation's fundraising activities.



Graduation Ceremony at Triple Care Farm



Case Study

Triple Care Farm

18 year old Craig's oldest memories are of being passed from family to family with nowhere to call home. As a child he went through numerous hospital care centres and foster families until he was finally adopted, aged four, by a Sydney based family.

As a child he struggled to fit in. He was later diagnosed with ADHD and Tourette's syndrome. School was very difficult for Craig and he found it hard to concentrate in class and keep up with his lessons.

He turned to drugs before he had even reached his teenage years – beginning with cigarettes, he escalated into using cannabis and had developed a serious drinking problem by the age of 12.

He admits that his teenage years were a bit of a blur as he slipped further into drug and alcohol abuse. With the drugs came the crime: so caught up in his addiction, Craig would do anything to support his habit.

Before long he found himself homeless, and survived by sleeping on friend's couches, seeking refuge in shelters, or sleeping rough in city squats and parks.

No stranger to the police and juvenile justice, after years of drugs and crime, Craig finally turned 18 and found himself being tried as an adult for the first time. He describes it as a crossroads in his life – where the good and bad roads had never been so clearly defined.

His case was dismissed on bail, on the condition that he attend a rehabilitation centre for a minimum of three months – and this is how he first heard about Triple Care Farm.

Craig reluctantly agreed to attend, and arrived at the farm determined to not to speak to anyone for three months; simply to do his time and get out. However it wasn't long before Craig started to connect with staff and students, and realised that the farm would give him a chance to transform his life.

Craig began attending group and individual counselling sessions to help him uncover where his drug and alcohol addiction stemmed from, and started to develop more positive ways to cope with anger and depression.

He enthusiastically committed himself to the vocational training that the farm had to offer and returned to his high school studies. He was able to do additional courses in bobcat and forklift driving to prepare himself for a more productive future.

Upon leaving the farm - clean, sober and with the qualifications to get started in life - Craig said the most important thing he learnt in his time was "what it felt like to be part of a community, caring about other people, and having them care about me."





Triple Care Farm



Graduation Ceremony at Triple Care Farm



Barista Training at Triple Care Farm



Graduation Ceremony at Triple Care Farm



2.2 CREATIVE YOUTH INITIATIVES

Creative Youth Initiatives is a service for young people aged 16 to 25, who are facing varied challenges, including homelessness, mental health issues, substance abuse, family breakdown, unemployment and disengagement from education. It consists of two programs run concurrently - Sounds of the Street and Artworks!

Based in Sydney's Surry Hills, the program helps young people develop their creativity through visual arts and music, in turn building self-esteem, encouraging self-expression and providing positive learning experiences in a safe and supportive environment. In addition, it provides young people with the opportunity to access free TAFE-accredited creative training programs as well as personalised individual support.

As part of our support, the Sir David Martin Foundation funds the Student Support Co-ordinator role at Creative Youth Initiatives. This essential service looks after intake and referrals, and offers ongoing support and goal planning to student whilst they are at Creative Youth Initiatives. The Student Support Co-ordinator assist students in a number of areas including finding suitable accommodation, attaining employment, re-entering or enrolling in education or training institutions, counselling around mental health issues and offers ongoing daily support for students. It is this holistic approach of providing personalised support that makes the program such a success.

About the Program

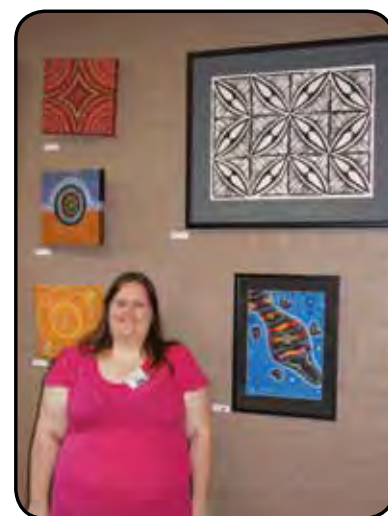
Sounds of the Street

The Sounds of the Street program is run over 20 weeks and teaches participants to compose, perform and record music, and eventually produce professionally mixed and mastered CDs of their own music. During the course they are encouraged to create songs, are introduced to music software and gain an understanding of the music industry. Students work both one-on-one and as a group, under the guidance of music tutors. By completing the Sounds of the Street course, students are also recognised as completing 4 modules towards Music Industry Skills Certificate 1 from TAFE.



Artworks!

Artworks! is an accredited TAFE Outreach visual arts program, which provides materials, skilled one-on-one and group tuition and a safe place where young people can explore their creativity. The program enables students to examine a range of media including photography, painting, sketching, sculpture, printmaking and graphic design. The learning year culminates in the Artworks! Exhibition, which requires students to frame or finish their work, price it, create a theme and name their artwork, and communicate with the press and sponsors.



Brian - student and exhibitor at Artworks! Exhibition



Results

CYI harnesses the transformative power of music and art to transform young lives. It provides learning opportunities in a safe, non-judgmental environment, free from abuse, drugs and violence. The CYI program is unique in that it provides ongoing case management, taking a holistic approach while addressing the young person's needs in areas such as education, mental health, safety, economic wellbeing and housing.

Over the past year 90 young people changed their lives by participating in CYI programs. Following their involvement, 20% were successfully referred to stable housing, 15% were linked with mental health services and stabilised their mental health and 23% successfully enrolled in further education.

Case Study

Creative Youth Initiatives

James entered CYI at the age of 16. On enrolling in Artworks! he was homeless, isolated and anxious. He had limited contact with his family due to a history of abuse and domestic violence.

The chances of James being able to commit to the program while homeless were minimal, so his student support coordinator worked with him to find accommodation in a semi-independent house.

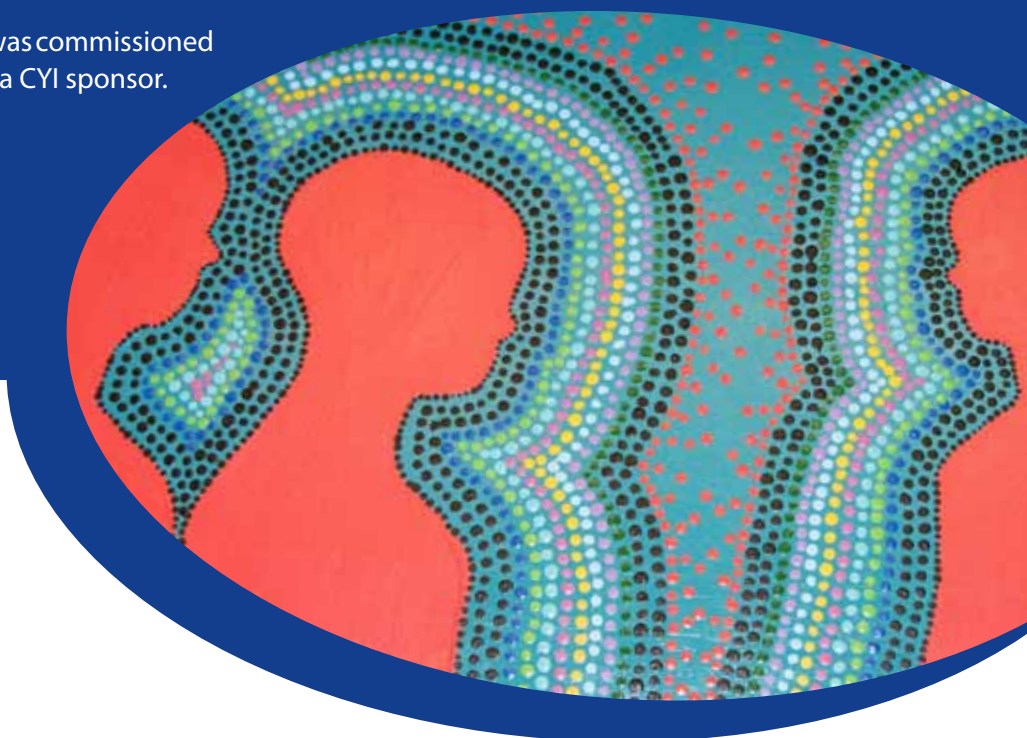
During his first few weeks in the course, James had some trouble completing projects. His Artworks! tutors worked closely with him to overcome his difficulties and soon he started to show an increased passion for art.

While attending the program, James was commissioned to complete a landscape artwork for a CYI sponsor.

He was elated and genuinely surprised that someone would commission him to create something for them.

Having completed numerous artworks during six months at CYI, James chose to extend his enrolment and complete a full year of the Artworks! program. His skills improved and soon he was participating in art competitions and exhibitions. At the annual Artworks Exhibition, he sold all of his art.

By the end of the course, James had become a confident, talented and experienced artist who continues to display and sell his work.





2.3 SOUTH WEST YOUTH SERVICES

Based in the Sydney area, South West Youth Services (SWYS) provides a preventative and early intervention service that aims to prevent young people from entering the 'no home, no job' cycle.

It works with marginalised youth who have fallen out of the school system aged about 12-13 and have never been given the opportunity to participate in further education options. Many have experienced childhood sexual abuse, domestic violence, loss of a family member and, in most cases, have been shunned by society.

By providing a range of programs, SWYS aims to work with young people by developing solutions based on their individual strengths. Taking a community based focus, rather than institutionalising young people, SWYS works with them to develop positive interactions with the people in their lives, removing them from isolation and helping them to become functional members of their community.



About the Program

The Sir David Martin Foundation provides funding for three of the important programs run by SWYS.

Youth Counselling Program

Since 2006, the Foundation has funded an intensive counselling service for young people helped by SWYS and their families. Supported by their counsellor, they are able to work through concerns relating to abuse, domestic violence, family relationships, and mental illness. This program assists young people to develop strategies to cope with their problems, in a productive manner.

Post Release Support Program (PRSP)

This program works with teenagers aged 13-18 who are existing Juvenile Justice wards. It provides an 18 week case management service, 6 weeks of which are prior to release from custody and 12 weeks post release. The aim of PRSP is to successfully reintegrate young people back into their community and increase their capacity to engage in pro-social behaviour, further training/education, employment and decrease criminal behaviour.

Youth Crime Prevention Program

This program provides an intensive, solution-focused case management model to young people and their families in the Campbelltown and Liverpool regions. It offers educational, training and employment opportunities, whilst promoting pro social behaviours within the community, to young people who are at risk of developing further criminal behaviours.

Goals are developed across key outcome areas including:

- Accommodation
- Recreation
- Family
- Financial Matters
- Education and Training
- Physical and mental health
- Employment
- Support and Intervention in alcohol and drug use
- Legal Issues





Results

The Sir David Martin Foundation has enabled SWYS to support over a hundred and fifty marginalised young Australians:

- 45 receiving help under the Youth Counselling Program
- 40 receiving support from the Post Release Support Program
- 70 receiving case management and assistance from the Youth Crime Prevention Program.

Case Study

Post Release Support Program

Jodie was referred to the South West Youth Services Post Release Support Program in November 2009, after spending four years in custody.

She was incarcerated at only 14 by which time, despite her young age, she was already used to roaming the streets at night.

During Jodie's time in custody she had grown accustomed to the systems that were in place. The outside world was just that, another world. She lost not only her teen years but also her sense of her identity. She needed to start from scratch, having lost her connection with family, peers and the community.

Through the Post Release Support Program, Jodie had access to education and training, financial assistance and ongoing emotional support, enabling her to push through the many barriers that isolate young people being released into the community from custody.

After completing the program successfully in June 2010, Jodie has gone on to further education and is currently studying an accredited YWCA certificate full time course, in order to gain employment.

Jodie is a very different person from the isolated young woman she was in 2009. She now attends church and youth programs and has surrounded herself with a new group of positive people including peers, mentors, family and members of the community.

The vital funding provided to the Post Release Support Program has made it possible for Jodie to have the chance to become a positive contributing member of society. She now has dreams and aspirations, which she didn't have before being referred to the program.





2.4 SHOPFRONT YOUTH LEGAL CENTRE

Established in 1993, the Shopfront Youth Legal Centre is a free legal service that helps homeless and disadvantaged young people aged up to 25.

Most of Shopfront's clients are extremely disadvantaged by virtue of homelessness, mental illness, intellectual disability, past trauma, poverty and social exclusion. They tend to move around between the streets, refuges, boarding houses and other temporary accommodation. Others live in supported accommodation or Department of Housing properties.

About the Program

Shopfront works to achieve four main goals:

1 – To provide young people with legal advice and representation in court

Shopfront is permanently staffed by lawyers and solicitors from Freehills Law firm, who provide their time on a pro bono basis. The service advises young people on how to deal with a range of legal matters, including fines and criminal charges, domestic violence, family and child welfare law, social security, discrimination, employment and housing.

2 – To educate young people about their legal rights

Shopfront helps some of the most disadvantaged young people in Sydney. The majority of these have little knowledge about their legal rights within the court or police system. The centre works to remedy this by providing accessible information and resources to educate young people about their legal rights.

3 – To educate youth workers about legal issues

Shopfront provides legal training sessions and support materials to youth workers and programs across NSW. By working with other services, Shopfront seeks to help develop a holistic community-wide response to support disadvantaged people in all areas of their lives.

4 – Campaign for improved laws and policies relating to disadvantaged young people

In addition to legal services, the Shopfront seeks to raise public awareness of the issues affecting young people, through government submissions and parliamentary enquiries. The Centre works towards an improvement in laws and policies and advocates for change that will benefit all disadvantaged young people.

Results

Over the past year Shopfront has advised and represented 187 young people on 355 legal matters, by providing services ranging from court representation and advice on criminal matters, to applications for victim's compensation.



Case Study

Shopfront Youth Legal Centre

Anita is a 23-year-old woman who the Shopfront has assisted for the past eight years. She arrived at the centre at the age of 15, addicted to heroin with a terrible history of child abuse and numerous unresolved criminal matters. Her case worker soon also discovered that she was supporting herself and her addiction through prostitution.

The Shopfront represented her on multiple matters while she was a juvenile, providing her with support and consistency in representation until all her matters were resolved.

Anita had offended once as an adult, and Shopfront represented her under the Mental Health Act, and were successful in having her charges dismissed on the condition that she abide by a mental health treatment plan. This means that, despite her troubled past, Anita can pursue her future without the burden of a criminal history.

The centre assisted Anita in making five applications for victim's compensation, based on a history of child sexual and physical abuse by a number of offenders

and was successful in four of the five applications. In addition, Shopfront assisted with the annulment of numerous fines which Anita had incurred as a young teenager, when she was homeless and living in poverty.

Anita is now doing extremely well. She has been drug-free for a number of years after completing a residential rehabilitation program and has completed her Diploma in Community Services and a Certificate IV in Youth Work and Community Services. She is about to start her Bachelor of Social Science at university, and has been given two year's credit, which means she will graduate in one year with a university degree.

Anita is currently employed as a youth worker and spends part of her time training Department of Community Services staff about working with young people with a history similar to her own.





2.5 SCHOLARSHIP PROGRAM

The Youth scholarship program was set up to provide financial assistance for young people to pursue their career aspirations and reach their potential.

About the Program

After completing one of the programs supported by the Sir David Martin Foundation, many students go on to further education at TAFE or University. However, students often struggle to take advantage of these new opportunities, due to lack of funds or equipment.

Students who have made the best progress towards improving their lives are encouraged to apply for a scholarship after completing one of our programs. They work with their program coordinator to complete an application form outlining the course of study or employment they are intending to pursue and how a grant would assist them to achieve this goal.

Results

Over the past year the Sir David Martin Foundation has provided numerous scholarships to past students to help them further their education and achieve their long term career goals.

Scholarships awarded include

- \$1,300 to enable Josh to attend an accredited "Getting in to Real Estate" course
- \$1,000 to enable Martha to purchase the university text books required for study
- \$1,400 to fund Jack's TAFE fees and required carpentry tools
- \$1,400 to enable Daniel to enrol in a trade electrical course
- \$500 to contribute to campus accommodation costs and enable Dave to attend TAFE
- \$500 to provide work boots and clothes to enable Rick to take up employment in the construction industry





Case Study

Scholarship Program

Freya is an 18 year old young woman who took part in the Artworks! program in 2011. She grew up with a mother who suffered from severe drug and alcohol addictions as well as mental health issues. At the age of 14, Freya was removed from her mother's care and went to live with her grandfather. While she received more support from home, she was teased and bullied at school for having a "crazy" mother and not having a father present in her life.

She felt like no-one understood her situation and she did not fit in, so begun to skip classes and disengage from her lessons. After years of bullying Freya decided she could not face school anymore and dropped out in year 11 at age 17.

With no direction, Freya became very depressed and socially isolated. Desperate to find some help, her grandfather finally became aware the Creative Youth Initiatives programs. At school art was the one subject Freya truly enjoyed, and so he referred her into the Artworks! program.

Artworks! had a huge impact on Freya's life. The technical aspects of the program enabled her to develop her skills across a range of media,

while on a personal level she worked with her student support co-ordinator and councillor to work through her feelings about her family and her depression.

For the first time in her life, Freya began to experience a positive educational environment and a sense of belonging. She developed into a motivated young woman with a desire to get her life back on track and enter the workforce.

Having dropped out of school and with no tertiary training, Freya had limited employment opportunities. She was granted a Sir David Martin Foundation scholarship to provide her with the financial support she required to undergo further training.

As a result of the Scholarship she is currently completing a receptionist course and has enrolled in the training required to gain both her RSA and her RCG licences. This training has given her a much needed opportunity to gain the required skills to be more employable.

Lady Martin presenting another student with a scholarship





SECTION 3 - FUNDRAISING HIGHLIGHTS



Our work is made possible through the donations and funds raised by our supporters. At a time of economic difficulty, our fundraising income was \$2.5 million.

We would like to thank every supporter of the Sir David Martin Foundation for the assistance they have provided us with this year.

3.1 SPECIAL & COMMUNITY EVENTS

Events Highlights

Urban Descent / Abseil for Youth

The Sir David Martin Foundation launched a new event this year, initially called Urban Descent and later renamed Abseil for Youth. Held exclusively for our Foundation, the event offered the chance to abseil down the 118m façade of the AMP Building in the Sydney CBD. The \$230,000 raised helps us to make permanent changes in the lives of young Australians. The Foundation is grateful to the AMP for agreeing to allow their building to be the site for this key event. AMP cooperated in the assessment of Risk Management issues, allowed access to their building on a weekend to allow 180 participants and AMP staff the opportunity to abseil off their roof and supported the event with a generous donation. The event generated extensive media coverage and enabled us to raise \$230,000.



Lady Martin's Bridge Day

The continuing generosity of HMAS Penguin ensured Lady Martin's Bridge Day was again a huge success. Many of our supporters say it is a permanent fixture in their diaries, as it combines their love of playing Bridge with the ability to raise much needed funds for the Foundation. Catering for the event is a combination of the crew of HMAS Penguin and Lady Martin, personally baking for the guests. 40 people attended the 2010 Bridge day raising \$6,000 for the programs we support.



Cocktails on HMAS Darwin

A complete sell out, this event invited guests to an evening of fine food and wines aboard the HMAS Darwin. Many guests chose to take advantage of the opportunity to view the Operations Room – a part of the ship seldom seen by the public. The crew of HMAS Darwin kindly volunteered their time to cook, serve and welcome our guests and we would like to thank Commander David Mann and the crew for their support. Their generosity helped the Foundation raise \$7,000 to assist young people in crisis.



Royal Australian Navy Golf Day

The 20th annual Sir Martin Foundation Charity Golf Day was a swinging success, with golfers of all levels trying their hand at the 18 hole course held at Rosnay Golf Club. A brilliant day on the course was matched in the clubhouse with participants enjoying lunch, raffles and some hotly contested auction items. The day was capped off with Sub Lieutenant Mark Kloppe presenting a cheque of \$14,000 to Lady Martin for the Foundation.



HYPE Committee – Creative Conscience

This year saw the re-invigoration of our Hype Committee, who aim to reach a younger audience by holding innovative special events. Their first fundraiser of the year, "Creative Conscience" was held on April 1st in Fraser Studios, Broadway. Designed as a charity art event that breaks the mould, the night was an introduction to a dynamic mix of art and urban culture featuring live performances, still art and installations. Over 100 people attended the event raising \$5,000 for the Foundation.



The Sir David Martin Foundation and the families of the 530 young people assisted this financial year are grateful for the funding and support we received from our corporate partners, Trust & Funds, The Royal Australian Navy and from our many loyal donors who responded to our regular appeals, events and who generously made provisions for our future through a Bequest to the Foundation. Thank you all.



3.2 FUNDRAISING APPEALS

The Sir David Martin Foundation runs two fundraising appeals through the year; they each focus on the amazing transformation of one young person who has been a part of our programs.



Christmas Appeal

The first appeal, run in the lead up to Christmas, spoke to the generous spirit and sense of community associated with that time of year.

The 2010 Christmas appeal told the story of a young man named Jason*. At the age of 18 Jason was homeless, unemployed, broke and in trouble with the law. From the age of 12 he had been abusing drugs and alcohol and had been diagnosed with both ADHD and Tourette's Syndrome.

When Jason arrived at Triple Care Farm he carried everything he owned with him in a single plastic bag. During his time at Triple Care Farm he was able to turn his life around and feel what he describes as "the sort of joy drugs can never compete with".

Jason's story touched a chord with existing and new donors alike and enabled us to raise \$167,418.

Winter Appeal

The 2011 Winter appeal spoke about the impact our programs can have, not only on young people, but on their entire family. It recounted the story of Sarah, who feared she had lost her son Mark* to drugs. Mark would disappear for days at a time while Sarah and her husband would ring his friends, extended family and hospitals to see if they could find him. They lay awake at night wondering where he was, and even if he was still alive.

Sarah described Triple Care Farm as "the one place in the world that could save Mark.". "I will always think of the staff at Triple Care Farm as Mark's angels. They walked alongside him every step of the way. How do you thank someone for giving you your son back?"

Our Winter Appeal was a great success, raising \$250,052 towards funding our youth programs.

**Names of young people have been changed to protect their identity*

3.3 ASPIRE NEWSLETTER

The Sir David Martin Foundation Newsletter, titled Aspire, is released twice a year to our donor database.

It is an important medium to keep our donors up to date on the lives of the staff and young people involved in the programs and to communicate how the funds they helped raise are being spent. Aspire also gives supporters information on topics such as the latest research findings on addictions and the impact of mental health conditions. The newsletter is widely read and its success is due to the many people who provide relevant and interesting content.





3.4 TRUSTS, FOUNDATIONS AND GOVERNMENT SUPPORTERS

The Sir David Martin Foundation's support of Mission Australia youth programs is made possible through the generous support of our philanthropic partners. From July 1st 2010 to 31 June 2011, we received just over \$1.5 million dollars from trusts, foundation and government supporters. We would like to acknowledge and thank the following organisations and individuals:

- ANZ Staff Foundation
- BBM Ltd
- The Bill & Patricia Ritchie Foundation
- City Tattersalls Club
- The Corio Foundation
- Dunn Family Trust Fund
- Dunstan Family Foundation
- Flinders University – NCETA Scholarships
- Fosters Group Limited
- Grant Family Charitable Trust Pty Ltd
- James Kirby Foundation
- Maple-Brown Family Charitable Foundation
- Mazda Foundation
- Moore Family Foundation
- Neilson Foundation
- NSW Community Building Partnership Grant
- Optus Connecting Communities Grants Program
- The Penn Foundation
- Property Industry Foundation
- Pryor Family Trust
- The R A Gale Foundation
- The Rodwell Foundation
- Roslyn Salteri
- Skipper-Jacobs Charitable Trust
- Tas Foundation Limited

“*I think some children get a terrible start in life for many reasons, and any help they can get them on track for a happy and productive life as an adult, should be available.*

I feel that I am contributing to giving them the strength to achieve and the chance for a decent life – and that is worth every cent.

Lindsay, supporter for 15 years



Property Industry Foundation opening
new Triple Care Farm building

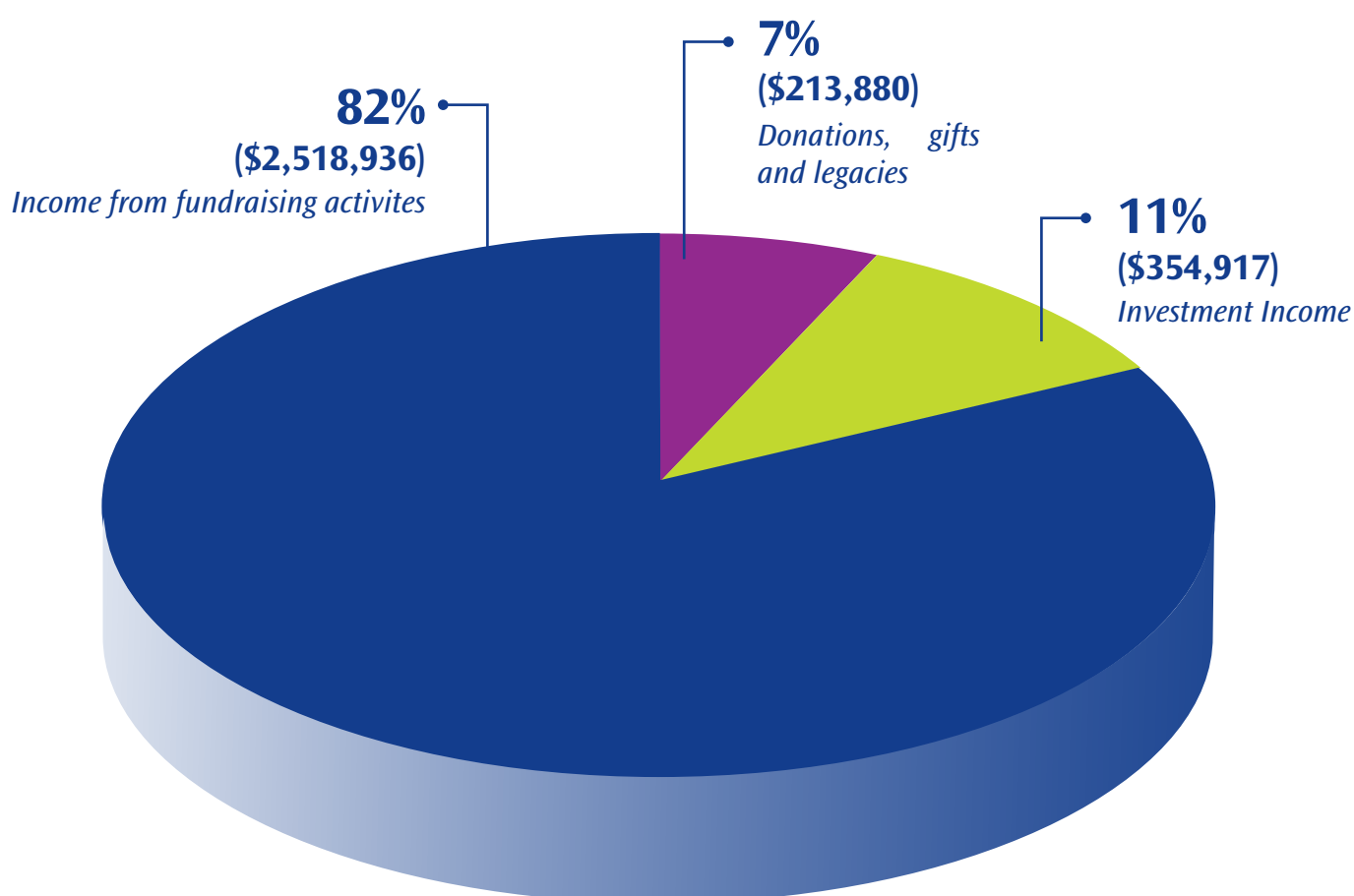


SECTION 4 - FINANCIAL SNAPSHOT

The following pages present key aspects of the Sir David Martin Foundation audited accounts. For more information please contact us for a copy of the signed audited statements.

4.1 FINANCIAL SNAPSHOT : How you gave your help in 2010/2011

Total Incoming Resources

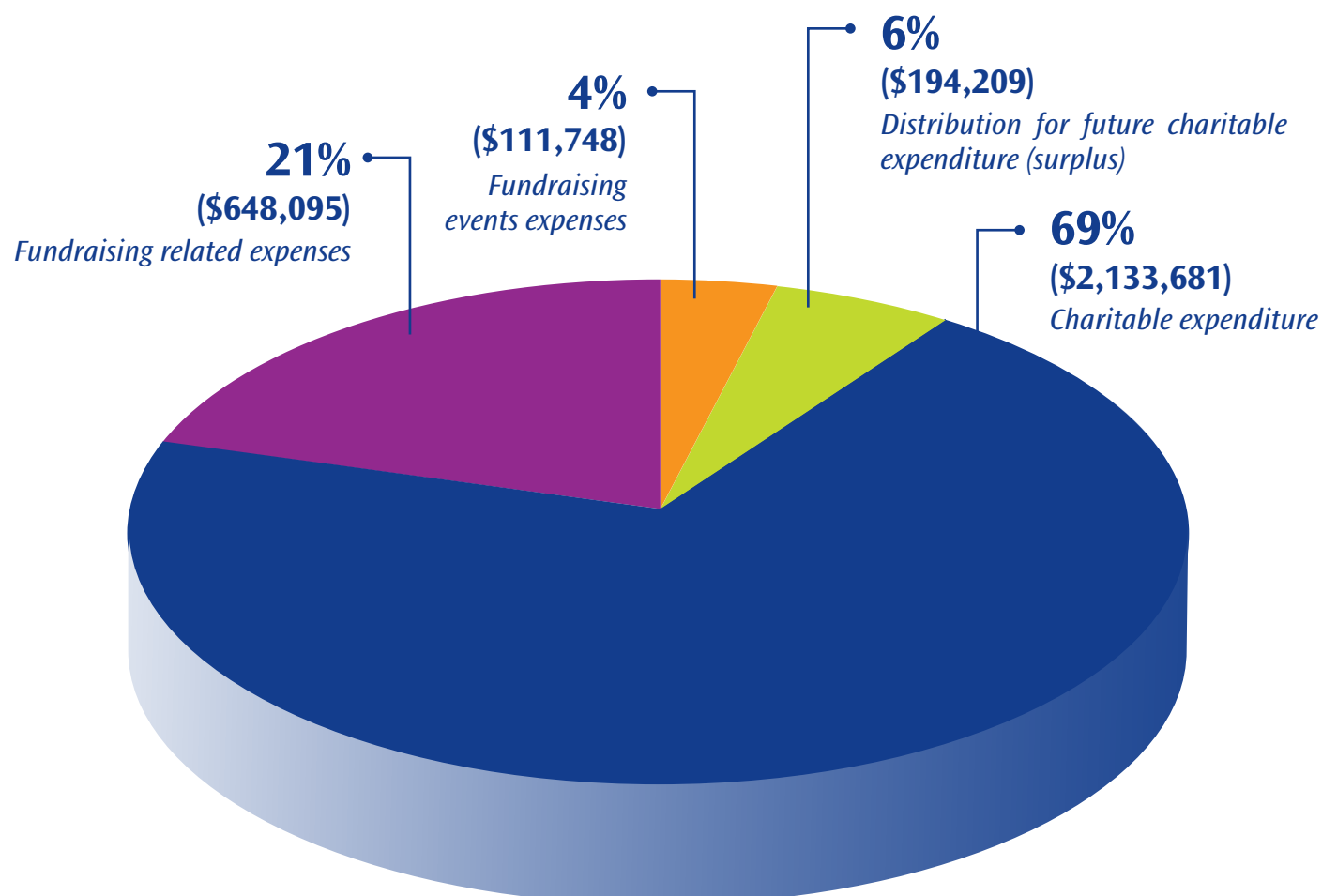


Income from fundraising activities	\$2,518,936	82%
<i>Revenue from activities undertaken for the purposes of raising funds to support our youth programs</i>		
Donations, gifts and legacies	\$213,880	7%
<i>Donations made by our supporters on a regular or one-off basis</i>		
Investment income	\$354,917	11%
<i>Income received from our bank accounts and investment holdings</i>		
Total Income	\$3,087,733	100%



4.2 Financial Snapshot: How we helped young people in 2010/2011

Total Outgoing Resources



Charitable expenditure*	\$2,133,681	69%
Program expenses 2010/2011	\$946,812	
Allocated program expenses 2011/2012	\$756,000	
Scholarship outlays**	\$23,972	
Capital expenditure on Triple Care Farm	\$406,897	
Distribution for future charitable expenditure (surplus)	\$194,209	6%
Fundraising related expenses	\$648,095	21%
Fundraising events expenses	\$111,748	4%
Total Expenditure	\$3,087,733	100%

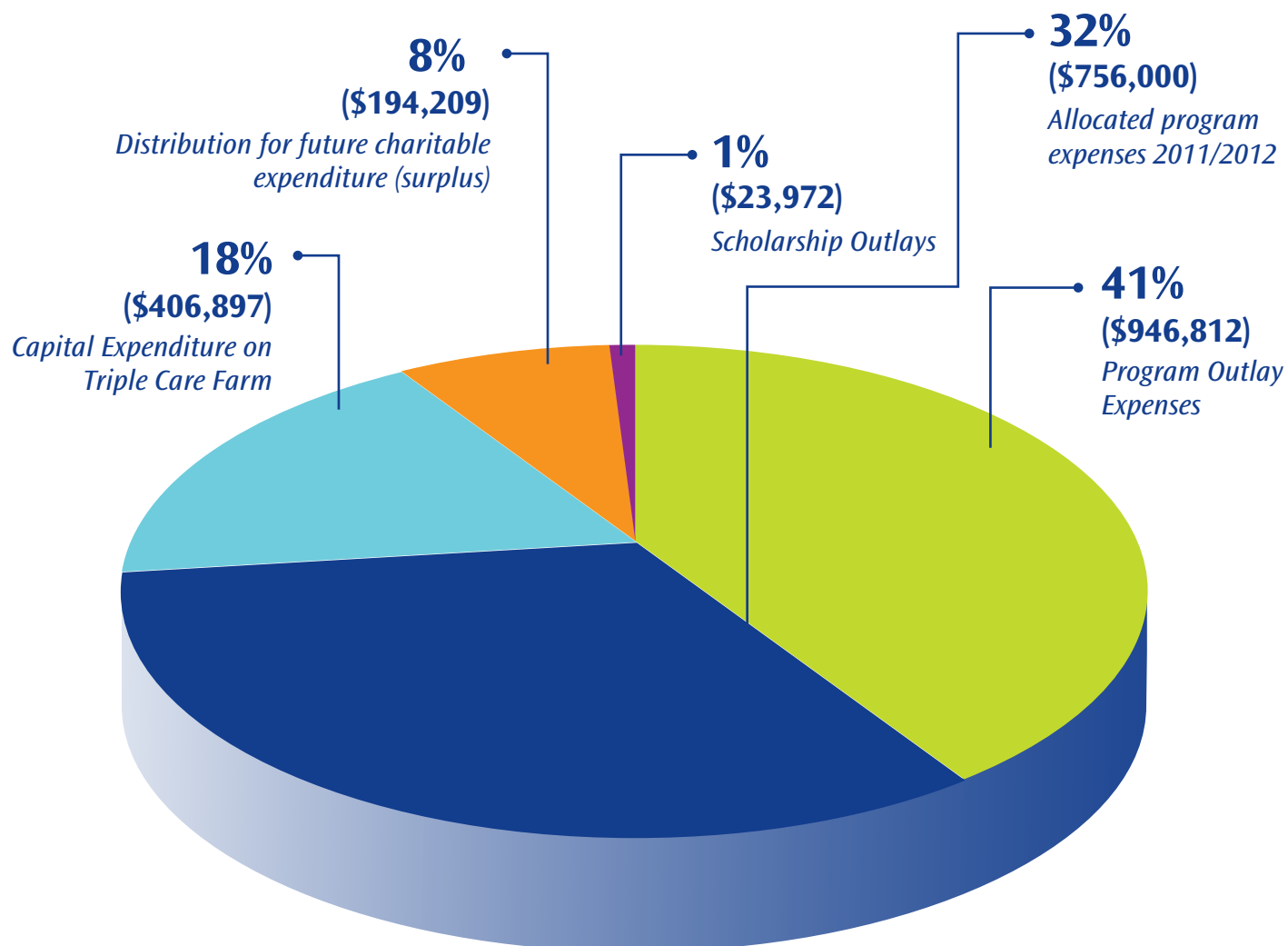
* See Section 4.3 for an indepth breakdown of charitable expenditure

** Note: These expenses related to payments made by the Sir David Martin Foundation's Scholarship Program. In the audited accounts these outlays make up part of the "Other Expenses" category.



4.3 BREAKDOWN OF OUTLAYS AND EXPENDITURE

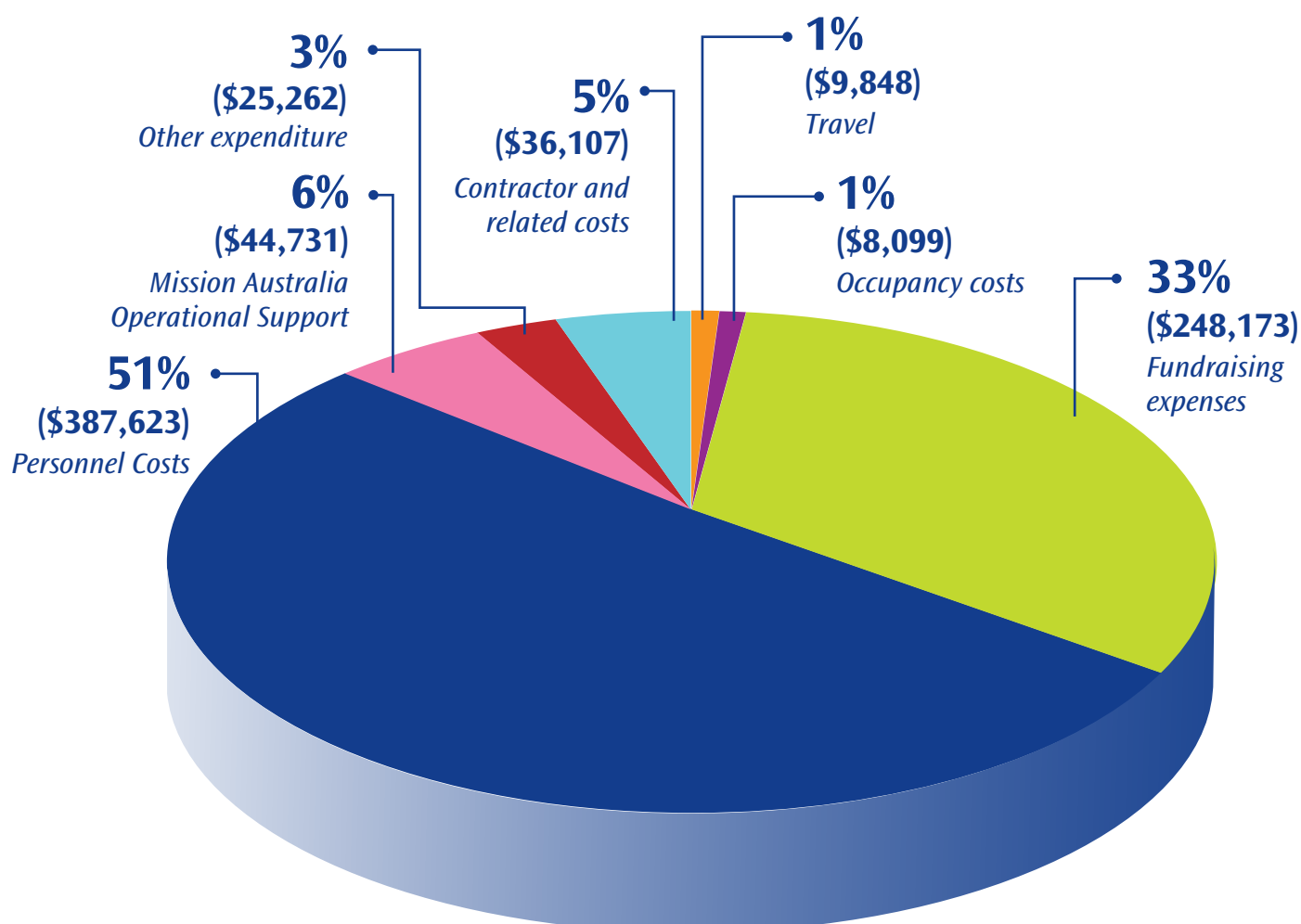
Program outlays and allocations, year ended 30 June 2011



Program Outlay Expenses	\$946,812	41%
Triple Care Farm	\$768,000	
South West Youth Services	\$78,000	
Creative Youth Initiatives	\$70,812	
Shopfront Youth Legal Centre	\$30,000	
Scholarship Outlays	\$23,972	1%
Capital Expenditure on Triple Care Farm	\$406,897	18%
Allocated program expenses 2011/2012	\$756,000	32%
Distribution for future charitable expenditure (surplus)	\$194,209	8%
Total Charitable Expenditure	\$2,327,890	100%



Operating Costs (Expenses relating to fundraising activities, year ended 30 June 2011)



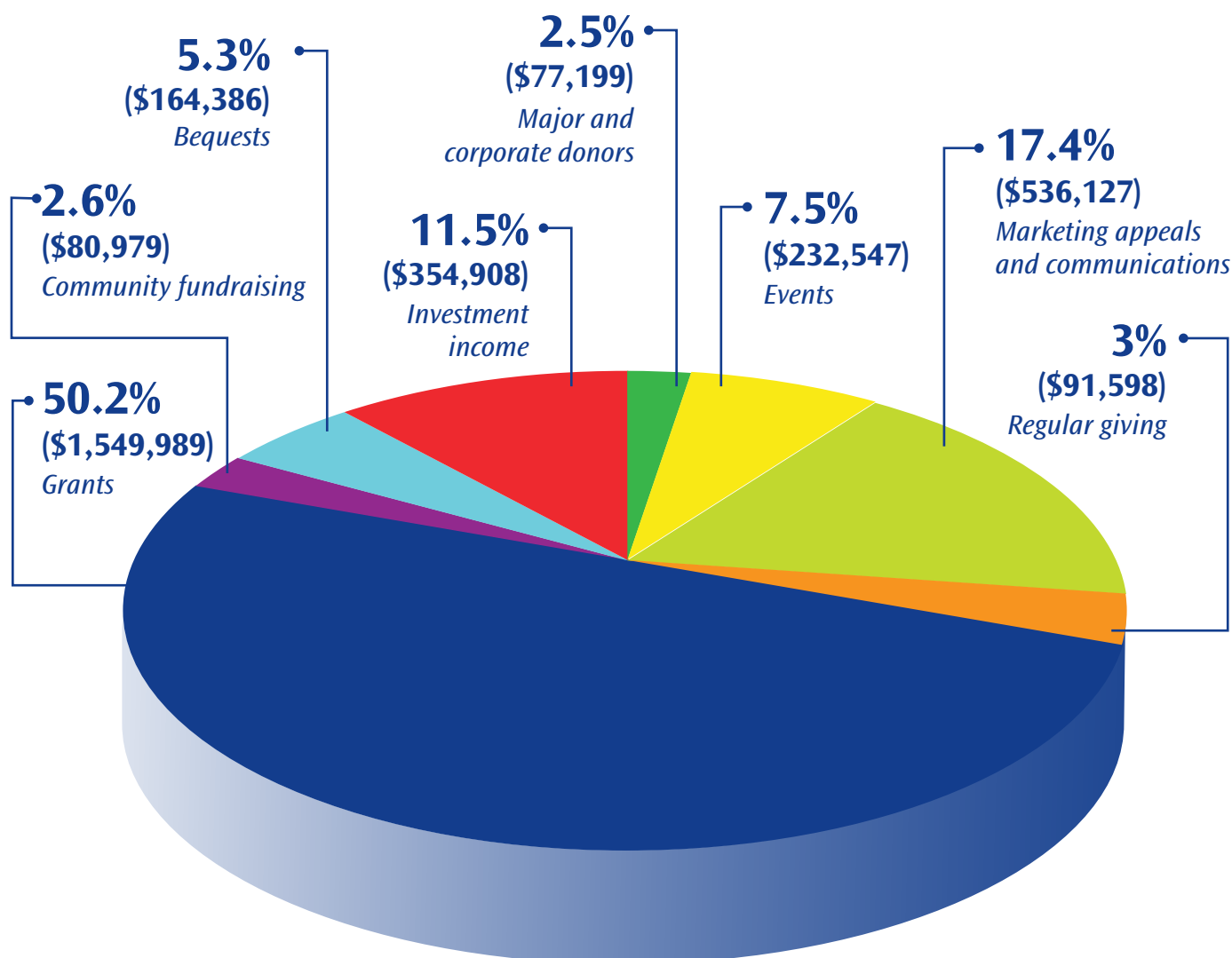
Personnel Costs *	\$387,623	51%
Occupancy Costs	\$8,099	1%
Travel	\$9,848	1%
Mission Australia Operational Support	\$44,731	6%
Fundraising expenses	\$248,173	33%
Other expenditure	\$25,262	3%
Contractor and related costs	\$36,107	5%
Total Operating Costs	\$759,843	100%

* Recognising that personnel costs are one of our largest expenses, the Sir David Martin Foundation has set up an investment fund which works towards covering all personnel costs incurred by the Foundation. Currently the investment income covers \$354,917 of personnel costs, which equates to 92%. Our five year plan aims to cover 100% of these costs.



4.4 BREAKDOWN OF INCOME

Income



Major and Corporate donors	\$77,199	2.5%
Events	\$232,547	7.5%
Marketing Appeals and Communications	\$536,127	17.4%
Regular Giving	\$91,598	3.0%
Grants	\$1,549,989	50.2%
Community Fundraising	\$80,979	2.6%
Bequests	\$164,386	5.3%
Investment income	\$354,908	11.5%
Total Income	\$3,087,733	100%



4.5 THIS YEAR IN HISTORICAL CONTEXT

Sir David Martin Income Statements - Summary

	2011 2010/2011	2010 2009/2010	2009 2008/2009	2008 2007/2008
Income from fundraising activities	2,518,936	2,442,006	1,297,845	1,261,292
Donations, gifts and legacies	213,880	289,842	110,397	151,842
Investment income	354,917	314,258	267,430	256,094
Total Incoming Resources	3,087,733	3,046,106	1,675,672	1,669,228
TOTAL	3,087,733	3,046,106	1,675,672	1,669,228
Personnel Costs*	387,623	343,602	296,409	232,523
Occupancy Costs	8,099	22,860	26,578	13,418
Travel	9,848			
Communications and Consumables	136,425	225,501	242,124	195,157
Fundraising events expenses	111,748			
Contractor and related costs	36,107	22,408	19,857	17,623
Mission Australia Operational Support	44,731	4,030	4,390	(inc in other)
Other expenditure	25,262	13,496	12,064	93,936
Total Operating Costs	759,843	631,897	601,422	552,658
Program Expenditure	946,812	1,499,815	792,520	657,109
Allocated program expenses				
2011/2012	756,000			
Capital Expenditure on Triple Care Farm*	406,897			
Scholarships outlays	23,972			
Distribution to Trustees for Future Charitable Outlay	194,209	914,394	281,730	456,461
Charitable expenditure***	2,327,890	2,414,209	1,074,250	1,113,570
TOTAL	3,087,733	3,046,106	1,675,672	1,666,228

Note – A change in account methods has meant that we are able to separate the components of charitable expenditure, rather than just providing them as a total figure (as per the previous year's figures)



SECTION 5 - OUR BOARD AND SUPPORTERS

5.1 OUR BOARD OF GOVERNORS



Mr David Wills - Chairman

Board of Governors member since 2000

Mr Wills has been a Governor of the Sir David Martin Foundation since 2000, and has been Chairman since 2007. He holds a B.Com (UNSW) and is a Chartered Accountant. He was a partner of Coopers & Lybrand and then PricewaterhouseCoopers for 25 years, Deputy Chairman for four years and Managing Partner of its Sydney office for six years. Mr Wills is currently a non-executive director of Washington H Soul Pattinson and Company Limited, Clover Corporation Limited and Quickstep Holdings Limited as well as a director of a number of unlisted companies. Mr Wills was Captain of Elanora Country Club in Sydney from 2007 until 2011. He is married and has 2 sons.



Lady Martin (OAM)

Board of Governors member since 1990

Lady Martin was born and brought up in the Western District of Victoria. She was a border at Clyde School for 9 years. She began Nursing at Alfred Hospital but married Sub lieutenant David Martin before finishing the course. Lady Martin has three married children, 2 daughters and a son. One daughter is married to a Naval man, the other to the son of a Naval man and her son is in the Navy. She has five grandchildren and now lives in Queens Park in Sydney. Lady Martin has continued Sir David's dream to give hope, safety and opportunity to youth in crisis. As an ambassador for this dream the Foundation continues to thrive and offer a brighter future to young lives.



Mr David Adams

Board of Governors member since 2007

David completed his university studies achieving a B.Sc. (Syd), and an MBA (UNSW). He had a well-established career in the finance industry, with Citicorp for six years before moving to Hill Samuel, which was later to become Macquarie Bank. He was a director of Hill Samuel and then Macquarie Bank from 1983 until 2001, and a member of the Bank's Executive Committee from 1987 until 2000. David also served as Chairman of the Investment and Financial Services association Ltd. David has been a Visiting Fellow at the School of Applied Finance at Macquarie University, where he taught an elective course to Master's Degree students.



Mr Michael Crowley

Board of Governors member since 2011

Michael joined the Board of Governors of the Sir David Martin Foundation in April 2011. He holds a B.Com (UNSW) and is a Fellow of The Stockbrokers Association of Australia. He is a Managing Director of The Royal Bank of Scotland and has worked in the securities and investment banking industry since 1971. Michael is currently a member of the Advisory Board of DATS Environmental Services Limited and was a director of Balmoral Beach Club from 2002-2008. Michael and his wife Chrissie live in Sydney and have a daughter and a son.



Mr Robert Ho

Board of Governors member since 1994

Robert migrated to Australia from Hong Kong at the age of 18. After establishing successful catering and restaurant businesses in Manly and Chinatown, he went on to set up the Chinatown Chamber of Commerce, to provide networking and support to local Chinese charities. Robert has been actively involved in a large number of charitable causes both inside and outside the Chinese community and was awarded an OAM in 1995 for services to the community and international trade. In 2007 he was awarded the police bravery award for his efforts and cooperation with NSW police in capturing a Chinese criminal gang and in 2009 he was the recipient of the Premier's Chinese Community Service award for his charitable contribution to the Community. Robert is married to Helen Sham-Ho and they have three children.



Rear Admiral Tony Horton AO RAN (rtd)

Board of Governors member since 1990

Rear Admiral Tony Horton entered the Royal Australian Naval College as a 13 year old Cadet Midshipman, one year behind David Martin. His last naval posting was Flag Officer Naval Support Command, where he relieved Sir David Martin. His service career included staff and command postings; he completed the Australian Army Command and Staff Course, and holds a BA(UNE). He became a Member of the Order of Australia in 1981 and an Officer in the Order in 1991. Following his retirement from the RAN in 1991, he worked in the public health environment, was a member of the Administration Appeals Tribunal, a director of the Multiple Sclerosis Society of NSW, a Trustee of the HM Bark Endeavour Foundation, and is a patron of the RAN Communications Branch Association and a Naval reserve Cadet Unit. He is a non-executive director of a shipping company.



Mrs Maggi Morgan

Board of Governors member since 2002

Margaret was born and educated in Northern Ireland. She worked in tourism and advertising before marrying a Royal Naval Officer and moving to the South of England. Margaret had the pleasure of meeting Sir David Martin on several occasions. Moving to Australia in 1983, Margaret worked with the Multiple Sclerosis Society for 24 years as Manager of Volunteer Services NSW. During that time she coordinated a team of regular volunteers for MS clients chaired the Friends of MS Committee, which raised money for young people with MS, who resided in Nursing Homes throughout NSW. Margaret now lives in Mosman, has two daughters - one living in London with 2 grandchildren, and one returned with family of 4 to live in Australia.

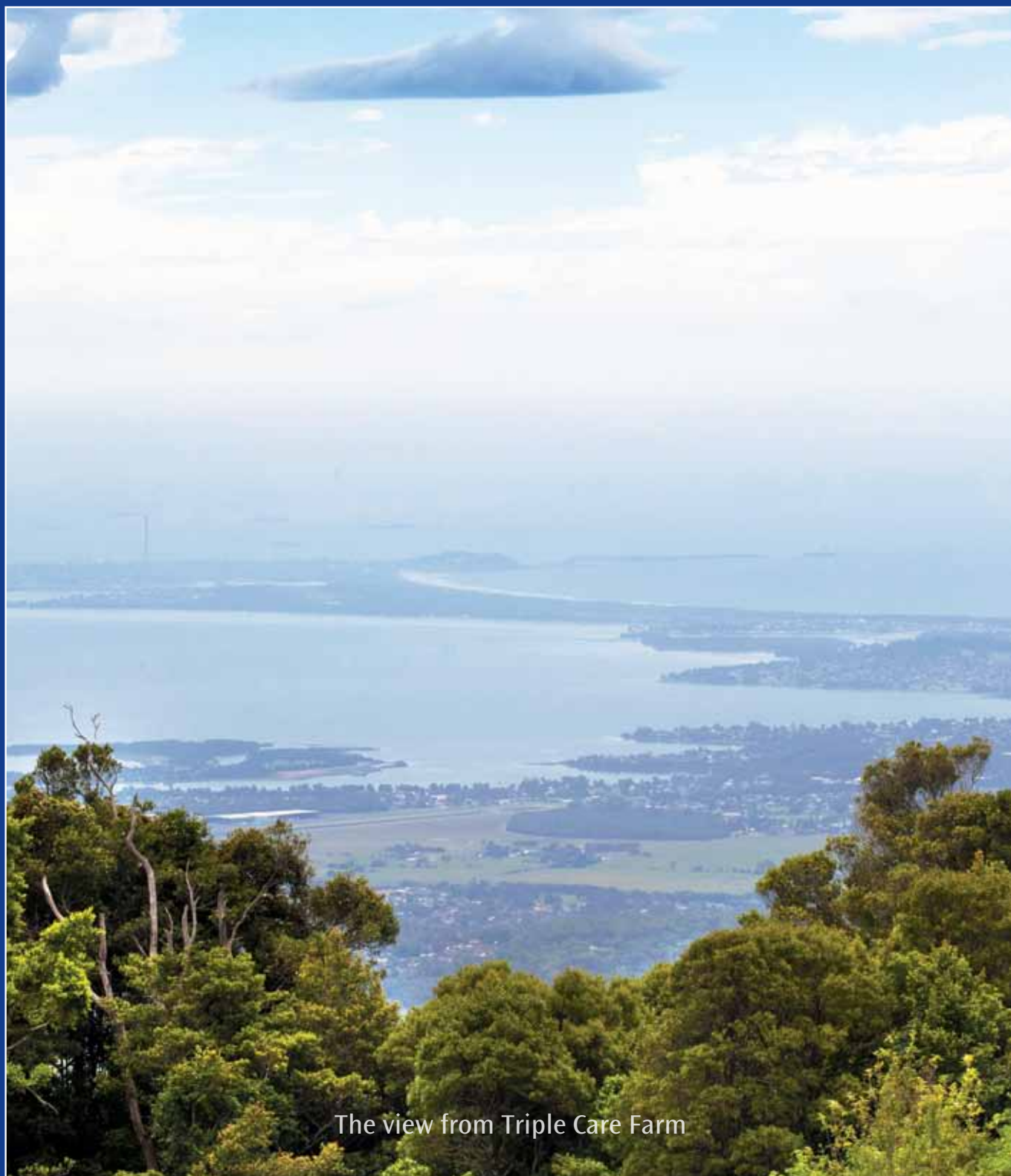


Rear Admiral Chris Oxenbould AO RAN (rtd)

Board of Governors member since 2010

Chris Oxenbould joined the Navy at the age of 15 and had a career of over 37 years, rising to the rank of Rear Admiral and retiring as Deputy Chief of Navy in 1999. His career was biased towards fleet operations and training including several command postings. Chris served with Sir David Martin as the navigating and operations officer in HMAS Torrens when Sir David had command of the ship. On retiring from the Navy Chris worked with the NSW Government, spending 2 years in the Premier's Department, 2 years as Chief Executive of the Newcastle Port Corporation and 4 years as the Chief Executive of NSW Maritime during which time he was seconded to Sydney Ferries Corporation for six months as the Chief Executive. Chris retired from NSW Maritime in March 2008 and now works part-time as an adviser on maritime and Defence matters. He lives in Mosman and is married with two daughters and three grandchildren.





The view from Triple Care Farm

Helping youth in crisis

Sir David Martin Foundation

